



NOVEMBER 14, 1:30 – 2:30PM DIABETES AND SUBSTANCE ABUSE

On World Diabetes Day, this session highlights some of the extra challenges someone may have living with diabetes and substance abuse issues. The presentation will include a brief review of basic diabetes information.

This session is for anyone who is interested in learning more about diabetes and how to support someone living with diabetes.

Learning Objectives

1. Understand what diabetes is and the latest information on substance abuse in Canada.
2. Learn how diabetes complications and the side effects of substance abuse are linked.
3. Identify ways to support people living with diabetes and substance abuse issues

Speaker Info:

Kathleen Gibson RD CDE Kathleen Gibson is a Registered Dietitian with Indigenous Services Canada. Kathleen has lived with type 1 diabetes for more than 25 years, and is a Certified Diabetes Educator. Some of you may remember her from the time of SLICK! She is passionate about helping other people with diabetes live well and in a good way.

Bethany Long is the Mental Wellness Team Lead with Indigenous Services Canada - First Nations and Inuit Health Branch. Her focus has been to support the unit in building relationships with First Nations partners by seeking out opportunities to listen and work to understand the kind of engagement that will be most supportive of individual, organizational and community needs. Bethany is experience with trauma, mental health issues and substance use disorders.

**LIVE STREAM WILL
BE MADE
AVAILABLE**

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SESSION FROM AN
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